

Early Head Start Center:

Lassen: 251-4050

Susanville: 257-2343

Early Head Start Home Based:

Lassen Home Based: 257-2343

Plumas Home Based: 283-1242

Head Start Centers:

Alturas: 233-4134

Lassen: 251-4050

Leavitt Lake: 257-7530

Portola: 832-1029

Quincy: 283-0592

Susanville: 257-2343

Union: 257-8220

State Preschool Centers:

Chester: 258-3194 Ext. 1251

Greenville: 284-7195 Room 1



**Sierra Cascade
Family Opportunities**

1-800-404-1242

Phone: 530-283-1242

Fax: 530-283-1024

Website: www.headstart4u.org



424 North Mill Creek Road, Quincy CA 95971



SCFO

Sierra Cascade Family Opportunities
Early Childhood Development Programs

**Serving Lassen, Modoc,
& Plumas Counties**





Children served in Early Head Start and Head Start receive individualized services in the areas of education, health and nutrition. Every child is evaluated for their own personal and family strengths and needs.

Early Head Start

Early Head Start is a program for prenatal mothers, infants and toddlers. Early Head Start offers a variety of services in both the *Center-Based* and *Home-Based* models

Home-Based Programs offer the freedom of learning in the child's natural environment. Staff work with parents weekly to enhance learning opportunities in the home. In addition, there are socializations where the child can interact with other children their own age, as well as field trips and parent training opportunities.

Prenatal mothers receive individualized support and assistance to prepare for the arrival of their new baby. Staff help families achieve a positive birthing and postpartum experience.

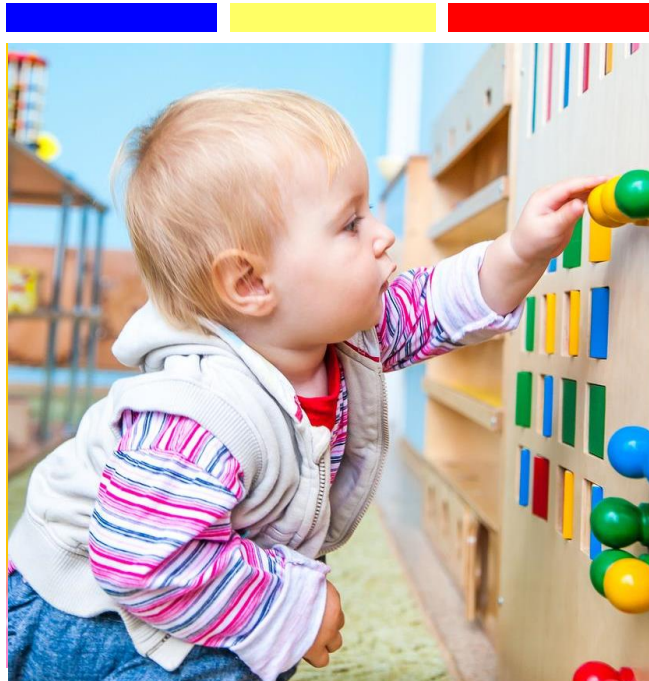
Head Start

In our *Center-Based* programs, children receive a nutritious breakfast and lunch, as well as a healthy snack. Children are encouraged to explore and grow as they adjust to a structured learning environment that encourages social, emotional, and cognitive development.

State Preschool

State preschool programs provide many of the same services as Head Start and Early Head Start, including nutritious meals in an environment that encourages social, emotional, and cognitive development.

SERVICES PROVIDED BY SIERRA CASCADE FAMILY OPPORTUNITIES ARE FREE OF CHARGE TO ENROLLED FAMILIES.



SCFO Vision Statement

“All children and families will achieve success throughout school and life.”

The Key Concepts of our curriculum are to support and enhance:

- Partnerships with families and gain knowledge about their culture.
- Opportunities for growth and development in the areas of; physical, emotional, social and cognitive.
- Nurturing environments that promote physical and emotional well-being and social competence.
- Creating trusting relationships between child/adult and child/child that enhance the development of both self and peer respect, and cooperation.
- Self-knowledge, self-control and self-esteem by providing a consistent daily routine with appropriate limit setting.
- Kindergarten readiness skills that are developmentally and age appropriate.
- Prenatal and postpartum support.

This institution is an equal opportunity provider.